BASEBALL CAMP AT ARIZONA CHRISTIAN UNIVERSITY



Our staff is dedicated to making your time with us this summer the single most important 4-days in your baseball career. The purpose of our camps is to teach the fundamentals of baseball to various age levels, helping each participant to better understand the game both mentally and physically. Joining us will also allow players to further develop individual skills through instruction, individual and multiplayer drills and game experience as well as interaction with players off the field in a comfortable camp setting. Players will work hard while having fun at the same time.



CAMP DIRECTOR JOE MCDONALD

Joe McDonald enters his third season as the head coach of Arizona Christian baseball. Culminated by their second ever appearance as a program at NAIA nationals, 2019 was a record-breaking year for ACU under Coach Mac. The Firestorm broke nearly every offensive season program record including wins (39), games played (60), team batting average (.323), hits (649), doubles (111), runs scored (445), RBI (385), and stolen bases (121). Prior to ACU, McDonald was the only head coach at Boulder Creek HS in Anthem after he started the team in 2005 (began playing varsity in 2006). Under his guidance, the Jaguars reached the Arizona state playoffs eight times which includes finishing in the top five three times.

In 2010, Boulder Creek set the state of Arizona record with 485 team hits in a season. After BCHS won the regional championship and ended with a 33-6 record in 2011, Coach McDonald was awarded the AIA State, City of Phoenix, and Northwest Regional Coach of the Year honors. One year later, the BCHS diamond was named the ABCA National Field of the Year.

On the strength of his 249 wins at BCHS, Coach McDonald saw 45 players sign to play college baseball including Coby Boulware- a 2018 Freshman All-American at TCU. Two of McDonald's players have signed professional contracts- Alex Real with the Minnesota Twins and West Tunnell with the Arizona Diamondbacks. Success on the field was started by success in the classroom as the Jaguars posted a cumulative GPA of 3.3 in the 12 years under McDonald.

Along with coaching, Coach McDonald was the Physical Education Department Chair at Boulder Creek High School. In addition, he was named the Assistant Athletic Director of the Deer Valley Unified School District where one of his many accomplishments was starting the Victory with Honor program. Since 2005, he has been certified as a National Certified Pitching Instructor with the National Pitching Association. For 17 years, he has served as a National Camp Director for America's Baseball Camp.

Prior to moving to Arizona, Coach McDonald served as the Head Assistant Baseball Coach at Western Oregon University from 1998-2000. He also coached a summer each in the Arizona Junior College Summer League and Northwest Collegiate Baseball League. As a player, McDonald played two seasons at Western Oregon University and one season at Linfield College. The outfielder was an All-State selection and two-time All-Intermountain Conference selection at Bend High School.

Academically, McDonald earned a physical education degree with a minor in health from Western Oregon University in 1998. Four years later, he added a master's degree in education from Western Oregon University.

HIGHLIGHTS INCLUDE

-) Camp T-Shirt, Gym Sack, Player Card and Lanyard
-) Professional Instruction
- Mental Preparation & Game Philosophy
-) Position Specific & Multi Position Training
- Hitting: Stance, Balance, Mechanics, Situational Hitting & Swing Path Training
- J Simulated and Situational Game Play
- Video Evaluation Analysis (Optional at an extra charge)
- J Daily Coaching Clinics (All Parents Welcome)



CAMP DETAILS

This camp is for baseball players of all abilities ages 7-18. Instruction will focus primarily on hitting, specific position fielding, base-running, and game situations. In addition, pitchers will have the opportunity to work with pitching instructors.

Please note: The following information may be subject to change.

LOCATION



Arizona Christian University, 1 W. Firestorm Way, Glendale, AZ 85306

CAMP AGES 7-18

2022 CAMP DATES & TIMES

Various. See Dates & Prices section

INCLUDED IN THE FEE

- Daily Baseball instruction
- Camp T-Shirt, Gym Sack, Player Card and Lanyard
-) Daily coaching clinics

INSTRUCTION

- J Low camper to coach ratio
-) Players Grouped by: Age and Ability

THIS IS WHAT YOU CAN EXPECT TO WORK ON WHILE AT CAMP:

- Stance, Balance, Mechanics, Situational Hitting & Swing Path for hitting
- Mental Preparation and Hitting Philosophy
- Hand-eye coordination drills for all aspects of the game
- Opposite field hitting (staying inside the baseball)
- Hitting with two strikes Hitting Off-speed pitches
-) Situational hitting including Bunting
- Base Running with Leads, Steals, etc.
 - Infield play-corner play & middle infield play
 - Infield mechanics, huge reps, tweaks, turns, feeds
-) Outfield play including throwing from the outfield
-) Outfield play- routes, positions, jumps, footwork
- *)* Pitchers throw during daily scrimmages
- Pitching balance, delivery, pitches, grips & more
- Pitching mechanics with fixes all week-long
- J Catcher Skills receiving, blocking, throwing & more
- Daily scrimmage games to put all together!

VIDEO ANALYSIS

Players will have the option to be evaluated personally with Video Analysis software and have the chance to have hitting, pitching and/or fielding broken down by a Professional Instructor. Professional Instructors will provide an evaluation of feedback, changes and recommend drills to help you improve.

Video Analysis Cost Options:

- J Add Video Analysis Evaluation (Hitting) \$60.00
- J Add Video Analysis Evaluation (Pitching) \$60.00
- J Add Video Analysis Evaluation (Fielding) \$60.00
- Add Video Analysis Evaluation (Choose 2) \$105.00 (Save \$15.00)
- Add Video Analysis Evaluation (Choose all 3) \$145.00 (Save \$35.00)

EQUIPMENT

Remember to label all equipment, equipment bags and belongings with your name and contact info.

- Baseball Pants
- Baseball T-shirts or Jersey
- Baseball socks and
- J Sliding (compression) Shorts
- Cleats or Spikes
- Baseball Bat and Batting gloves

- Helmet
- Baseball Glove (mitt for catchers)
- Catchers Gear (Catchers Only)
-) Water Bottle with Water
- J Sun Block & SPF Lip Balm (Chapstick)

FACILITIES

Outdoor Fields. Indoor facilities available during inclement weather conditions.



MEDICAL PROTOCOL

In case of an emergency, campers will be transported to the nearest hospital.

DAILY COACHING CLINICS

We will be conducting daily coaches' clinics for all coaches and parents who are interested. Topics such as mental clarity, recruiting, hitting, pitching mechanics, catching and more will be covered daily in 20-30-minute mini sessions by our professional staff. A terrific opportunity not to be missed for all members of the family.

TRAVEL

Camp does not provide transportation from airports, train stations or bus depots. If you have a child flying to camp, please arrange a shuttle or taxi service

INFORMATION PACKET

A detailed camper information packet containing check in location, health/release forms, emergency contact info, and a list of things to bring will be emailed to all registered campers in the Spring. Our health and release forms may require a

doctor's signature (please reference your camp packet). All required forms will be collected on the first day of camp.

BASEBALL CAMP ARIZONA CHRISTIAN UNIVERSITY JUN. 6, 2022

PROGRAMS: Hitting

AGE GROUP: 7 – 18

: 7 – 18 GENDER: Boys DAY CAMP: (9 A.M.-11 A.M.)

APPLICATION FEE: \$4,000 M.N.

OVERNIGHT CAMP: \$200.00 USD

BASEBALL CAMP ARIZONA CHRISTIANUNIVERSITYJUN. 7 - 10, 2022

PROGRAMS: General skills**AGE GROUP:** 7 – 18**GENDER:** Boys

DAY CAMP: (9 A.M.-11 A.M.) \$425

APPLICATION FEE: \$4,000 M.N.

BASEBALL CAMP ARIZONA CHRISTIAN UNIVERSITY JUL. 5, 2022

PROGRAMS: Hitting AGE GROUP: 7 – 18 GENDER: Boys

OVERNIGHT CAMP: \$200.00 USD DAY CAMP: (8 A.M.-11 A.M.)

APPLICATION FEE: \$4,000 M.N.

BASEBALL CAMP ARIZONA CHRISTIANUNIVERSITYJUL. 6 - 8, 2022

PROGRAMS: General skills

AGE GROUP: 7 – 18

GENDER: Boys

OVERNIGHT CAMP: \$350.00 USD

APPLICATION FEE: \$4,000 M.N.

MAYORES INFORMES E INSCRIPCIONES: Lic. Rodolfo Ramos Cel. 55 8094-3570 r.ramos@global-edu.com.mx



DAY CAMP: (8 A.M.-1 P.M.)

Conoce la sede del Camp haciendo clic en la liga: https://www.bing.com/images/search?q=arizona+christian+university&ufn=Arizona+Christian+Uni versity&stid=25e5396c-5f3e-8f2b-520b-7dc990b93912&cbn=EntityAnswer&cbi=0&form=IARRTH&first=1&disoverlay=1