

# SWALLOWDALE CAMP

ROSSEAU, ONTARIO



AGES 8-14 • JUL 06 - AUG 02, 2025

2025

## A traditional Canadian summer camp where adventures begin

**EN** GENERAL ENGLISH  
10 WEEKLY HOURS

**FOREST SCHOOL**  
10 WEEKLY HOURS



**SESSIONS LENGTH**

2, 3 or 4 week sessions  
July 06 to August 02



**OPTIONAL EXCURSION:**

1 full day optional excursion offered weekly



### WHERE FRIENDSHIPS & ADVENTURES BEGIN!

Operating on the beautiful grounds of Rosseau Lake College in Ontario's world-famous Muskoka region, Swallowdale Camp is the perfect choice for a summer camp adventure. Young campers join together to develop skills in sports, arts, and water activities. Each week, campers take 10 hours of English or Forest School lessons, adding a unique educational component to the traditional Canadian camp experience. At Swallowdale Camp, students come to appreciate the stunning beauty of the lake and forests that surrounds them, and the cultural distinctions that make up our global community.

### PROGRAMME HIGHLIGHTS

- Traditional summer camp offering a true Canadian experience
- Water & land sports; art & music programming
- 10 hours of English instruction available weekly OR
- 10 hours of Forest School lessons available weekly

### SCHEDULE HIGHLIGHTS

	MORNING	AFTERNOON	EVENING
<b>S</b>	At leisure	Swallowdale Olympics	Soccer Game
<b>M</b>	Activity Periods 1-3	Activity Periods 4-5 REC Period	Talent Night
<b>T</b>	Activity Periods 1-3	Activity Periods 4-5 REC Period	Campfire
<b>W</b>	----- OPTIONAL: NIAGARA FALLS -----		
<b>T</b>	Activity Periods 1-3	Activity Periods 4-5 REC Period	Survivor Game
<b>F</b>	Activity Periods 1-3	Activity Periods 4-5 REC Period	Karaoke Night
<b>S</b>	Activity Periods 1-3	Activity Periods 4-5 REC Period	Capture the Flag

## ACCOMMODATION (SHARED)

- Comfortable residence rooms accommodating 2-8 campers
- Each floor has complete washroom and shower facilities
- Boys and girls are accommodated separately
- Counsellors live in the same residence with campers, providing full supervision
- Bedding and pillow provided
- Weekly laundry service

## FACILITIES

- Large, modern classrooms
- Dining hall
- Student lounges
- Art studio
- 53-acre lakefront campus
- Extensive waterfront with all equipment for swimming, canoeing, kayaking, and SUP
- Large playing fields
- Outdoor Basketball courts

## MEALS (FULLBOARD)

- 3 meals + evening snack daily
- All meals are served in the camp dining hall and offer a variety of nutritious and well-balanced options.



## MAIN FEATURES



Traditional Camp



Shared Rooms



Waterfront Location



Art & Sports Programme

## PROGRAMME OPTIONS

Students choose their programme option at the time of application and must remain in that course for the full duration of their stay. Programme options are:

- GENERAL ENGLISH
- FOREST SCHOOL

### EN GENERAL ENGLISH

This option provides classroom instruction in speaking, listening, reading and writing, with a focus on helping students of all proficiency levels to improve in their fluency and accuracy of speech.

- 10 hours of English lessons per week
- Professional and qualified instructors
- Communicative methodologies
- 3 levels of ESL: Beginner, Intermediate, Advanced
- Placement test on first day

### FOREST SCHOOL

This course is a perfect opportunity for students to learn and appreciate their natural surroundings. Participants explore nature, learn about different plant life and wildlife while consciously considering the global environment and our daily impacts.

- 10 hours of instructed course per week
- All levels of English welcome
- Classes take place outdoors: in forest and fields around the camp (weather permitting)
- Instructors use natural surroundings to help students build confidence, language ability and respect for the environment
- Ideal for students who wish to explore their appreciation of nature

## EXAMPLE OF A TYPICAL DAY

Each day is divided into 5 periods: 3 in the morning and 2 in the afternoon.

Programme Choice	1	2	3	4	5		
GENERAL ENGLISH				LUNCH + REST PERIOD			REC
FOREST SCHOOL				LUNCH + REST PERIOD			REC

### PROGRAMME PACKAGE INCLUDES:

- 5 periods of instructed sports, activities and lessons daily.
- Lessons include one of the following:
  - > 10 hours General English OR
  - > 10 hours Forest School
- Accommodation
- 3 meals daily and evening snack
- Full supervision
- Toronto airport meet and greet + transfer to/from camp
- Emergency medical and dental insurance to \$100,000 CAD
- Laundry service weekly
- T-Shirt upon arrival
- Certificate upon completion of programme

## DAILY INSTRUCTED ACTIVITIES RECREATIONAL PERIOD (REC)

- 3 x 1-hour instructed activity periods five days per week
- Campers select their activities at the beginning of each week
- Activities operate in one-week blocks to ensure solid skill development

On regular camp days, 1 hour is allocated as a recreational period (REC). During REC, a variety of water and land sports & activities are offered. These activities are supervised but are not necessarily instructed.

### WATER SPORTS

- Canoeing • Kayaking • Fishing
- Swimming • Stand Up Paddleboarding (SUP)

### LAND SPORTS

- Archery • Ball Hockey • Basketball • Fitness
- Outdoor Survival • Soccer • Volleyball

### ARTS & MOVEMENT

- Arts & Crafts • Dance • Drama • Yoga
- Guitar (Beginner) • Woodworking

### EVENING ACTIVITIES

(may include...)

- Campfire • Camp games • Dances
- Overnight Camping • Skit Night
- Sports Challenges • Talent Show

### OPTIONAL EXCURSIONS

The following optional excursions take place once a week. Campers must choose at the time of booking and pay in advance.

- Niagara Falls \$200 CAD
- Canada's Wonderland \$175 CAD

### SWALLOWDALE CAMP

Session Length:	4 weeks	3 weeks	2 weeks
Rates (CAD\$)	\$8500	\$6700	\$4750
July 06 →	August 02	July 26	July 19
July 13 →	xx	August 02	July 26
July 20 →	xx	xx	August 02

Optional Niagara Falls: \$200 CAD  
Optional Canada's Wonderland: \$175 CAD



Mayores informes e inscripciones:

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On this page you can see the weekly schedule of Swallowdale Camp, that was held in 2024. The 2025 weekly schedule will be published shortly, though it will be similar to the following weekly schedule.

# SWALLOWDALE CAMP

# SCHEDULE 2024

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>WEEK 1:</b>	<b>JULY 14</b>	<b>JULY 15</b>	<b>JULY 16</b>	<b>JULY 17</b>	<b>JULY 18</b>	<b>JULY 19</b>	<b>JULY 20</b>
Morning	ARRIVALS/ AT LEISURE	Orientation & ESL Testing Activity Periods 1-3	Activity Periods 1-3	OPTIONAL FULL DAY EXCURSION:  NIAGARA FALLS	Activity Periods 1-3	Activity Periods 1-3	Activity Periods 1-3
	LUNCH				LUNCH		
Afternoon	Welcome to the Jungle Theme Day	Activity Periods 4-5  REC PERIOD	Activity Periods 4-5  REC PERIOD		Activity Periods 4-5  REC PERIOD	Activity Periods 4-5  REC PERIOD	Activity Periods 4-5  REC PERIOD
	SUPPER				SUPPER		
Evening	Jungle Hunt (Hide and Seek)	Welcome Campfire	Zombie Chases		Camp Game: Tails	Casino/Spa Night	Team Challenges
<b>WEEK 2:</b>	<b>JULY 21</b>	<b>JULY 22</b>	<b>JULY 23</b>	<b>JULY 24</b>	<b>JULY 25</b>	<b>JULY 26</b>	<b>JULY 27</b>
Morning	AT LEISURE	Orientation & ESL Testing Activity Periods 1-3	Activity Periods 1-3	OPTIONAL FULL DAY EXCURSION:  CANADA'S WONDERLAND	Activity Periods 1-3	Activity Periods 1-3	Activity Periods 1-3
	LUNCH				LUNCH		
Afternoon	Harry Potter Theme Day	Activity Periods 4-5  REC PERIOD	Activity Periods 4-5  REC PERIOD		Activity Periods 4-5  REC PERIOD	Activity Periods 4-5  REC PERIOD	Activity Periods 4-5  REC PERIOD
	SUPPER				SUPPER		
Evening	Camp Game: Stones	Karaoke Night	Phobias		Treasure Hunt	Banquet Night	Talent Show
<b>WEEK 3:</b>	<b>JULY 28</b>	<b>JULY 29</b>	<b>JULY 30</b>	<b>JULY 31</b>	<b>AUGUST 01</b>	<b>AUGUST 02</b>	<b>AUGUST 03</b>
Morning	ARRIVALS/ AT LEISURE	Orientation & ESL Testing Activity Periods 1-3	Activity Periods 1-3	OPTIONAL FULL DAY EXCURSION:  NIAGARA FALLS	Activity Periods 1-3	Activity Periods 1-3	Activity Periods 1-3
	LUNCH				LUNCH		
Afternoon	Avengers Theme Day	Activity Periods 4-5  REC PERIOD	Activity Periods 4-5  REC PERIOD		Activity Periods 4-5  REC PERIOD	Activity Periods 4-5  REC PERIOD	Activity Periods 4-5  REC PERIOD
	SUPPER				SUPPER		
Evening	Capture the Soul Stone	Casino/Spa Night	Swallowdale Games		Science Challenge	Campfire	Water Balloon Capture the Flag
<b>WEEK 4:</b>	<b>AUGUST 04</b>	<b>AUGUST 05</b>	<b>AUGUST 06</b>	<b>AUGUST 07</b>	<b>AUGUST 08</b>	<b>AUGUST 09</b>	<b>AUGUST 10</b>
Morning	AT LEISURE	Activity Periods 1-3	Activity Periods 1-3	OPTIONAL FULL DAY EXCURSION:  CANADA'S WONDERLAND	Activity Periods 1-3	Activity Periods 1-3	DEPARTURES
	LUNCH				LUNCH		
Afternoon	Survival Theme Day	Activity Periods 4-5  REC PERIOD	Activity Periods 4-5  REC PERIOD		Activity Periods 4-5  REC PERIOD	Activity Periods 4-5  REC PERIOD	
	SUPPER				SUPPER		
Evening	Survival Challenge	Sports Relays	Karaoke Night		Campfire	Dance	

IMPORTANT NOTE: PROGRAMME STAFF STRIVE TO CLOSELY FOLLOW THE ABOVE SCHEDULE. HOWEVER, THIS SCHEDULE IS TENTATIVE AND SUBJECT TO CHANGE.

EVENING PROGRAMME - MANDATORY PARTICIPATION FOR ALL CAMPERS, SUPERVISED BY STAFF

OPTIONAL EXCURSIONS - OPTIONAL FOR ALL CAMPERS, EXTRA FEE, SUPERVISED BY STAFF

CERTAIN ACTIVITIES OPEN FOR CAMPERS, SUPERVISED BUT NOT INSTRUCTED BY STAFF



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